

# Homes 4 Us Conference

Friday 17th September

9.30am to 2.30pm

The Denewood Centre,  
Denewood Crescent, Nottingham



**Nottingham City Homes tenant or leaseholder?  
Are you disabled or a carer?  
Then the Homes 4 Us conference is for you!**

**Hear from guest speakers and  
take part in workshops including:**

- Employment opportunities for disabled people
- Aids and adaptations
- Mental health awareness
- Self-directed support
- Trading standards and how to avoid doorstep scams
- Fire and personal safety in the home.

Community health nurses will be there to provide free health checks.

## Interested?

**Lunch will be available  
on the day, and there will  
be a prize draw!**

**Call the Involvement Team  
on 0115 915 7380  
(minicom 0115 915 7447)  
and book your place today!**

**We can help people with  
any mobility problems  
to get to the event.**



**Nottingham  
City Homes**

# Don't delay!

**Register by Monday 6th September  
2010 to book your place...**

