



# #Liveandlearn at the Tenant Academy

Training programme – autumn 2025



**Nottingham**  
**City Council**

Housing  
Services

# #Liveandlearn at the Tenant Academy

Training programme – autumn 2025

We provide **FREE** training for Nottingham City Council tenants, leaseholders and members of community groups who support our neighbourhoods.

We offer a wide range of training and development opportunities – online and face-to-face. We offer support to help you find a job as well as accredited training from approved professional bodies that can typically last for up to three years.

## How to book

To book onto a course, please use the details included with the course information or email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk), including your name, address, contact details and the date and title of the course you'd like to attend.

You can also text, Whatsapp or call **07584 003 457** for information and booking.

## Tell us what interests you

We're always keen to provide training opportunities through the Tenant Academy that are of most value to you. To help us to do that, we'd be grateful if you could complete a short online form to help us understand the types of courses that are of interest to you. You can do that by scanning this QR code using your smart-phone or device.



## Contents

**Qualifications, skills and training** Page 3

**Skills for leaders of volunteers** Page 9

**Health and wellbeing** Page 10

**Safeguarding** Page 14

**Music production** Page 15

**Skills and education** Page 17

**Families and children** Page 18

**Employability** Page 20

**Volunteering** Page 24

**Meet the Tenant Academy** Page 25



# Qualifications, skills and training

## Fire Warden and Fire Marshal Training

Learn the basics of being a Fire Warden / Fire Marshal that will prepare you to carry out this very important role. This training is organised on a bespoke basis for a minimum of eight people.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) to find out more and to book your place.



## Level 2 Food safety and hygiene



Complete an accredited qualification in food safety and hygiene at a community venue near you.

**We also offer bespoke courses for a minimum of eight people on subjects like:**

- Type 2 diabetes and healthy eating
- Cooking on a budget
- Healthy cooking demo
- Healthy cooking class
- Fundamentals of healthy eating.



Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) to find out more and book your place.



## Introduction to air fryer cooking. Win an air fryer!

Learn the best ways to use an air fryer for the best results with recipes, techniques, and practical guidance for all attendees.

At the successful completion of the session, all attendees will have the chance to win an air fryer to use your newfound skills at home!

This is offered as a bespoke courses for a minimum of eight people, and would suit those in independent living settings and / or those living in temporary accommodation.



Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) to find out more.

## First Aid

**Complete accredited First Aid qualifications at a community venue near you:**

### **Emergency First Aid at Work:**

This Quality Assurance Level 3 Award in Emergency First Aid at Work qualification is a one day course designed for individuals who wish to act as an emergency first aider.

Upon successful completion of this qualification, you'll be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations

**Paediatric First Aid:** This Quality Assurance Level 3 Award in Paediatric First Aid is ideal for anyone who cares for children in a professional or non-professional capacity.

You will learn the necessary skills to administer safe and effective treatment for a range of paediatric first aid situations.

If you're interested in either of these First Aid courses, email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk).



## Skilled hands – women only creative craft classes

These workshops are **FREE** to all unemployed women, female city residents, women with caring responsibilities and those on a low income.

### Dress making

**Venue: Skilled Hands CIC 63-67 St Peters Street, NG7 3EN, Nottingham.**

A 24 week course within term time, meeting once a week for 2.5 hours.

Learn how to use a sewing machine, make simple, straight stitches, finish seams professionally, and learn how to draft and model a garment professionally. All tools and materials provided.

**FREE** to all unemployed women and those on low incomes.

### Jewellery making workshop

**Venue: Skilled Hands CIC 63-67 St Peters Street, NG7 3EN, Nottingham.**

A 24 week course within term time meeting once a week for 2.5 hours.

Learn how to make necklaces, bracelets, rings, anklets, broaches and hair accessories.

The main materials used in this class are beads, jewellery making hardware (findings), fabrics and faux leather. This is a full course and starts at the beginners level, through to intermediate, then to advance level.

### Millinery Workshop

**Venue: Skilled Hands CIC 63-67 St Peters Street, NG7 3EN, Nottingham.**

A 10 week course, meeting once a week for 2.5 hours

Learn almost all the skills and techniques in millinery / hat making. You should be able to create and make fascinators, hatinators and sinamay hats at the end of the programme. The main materials used in this class are sinamay and fabrics.

The workshop is made up of women from all backgrounds and it's always a fun place to be!





## Soap making

Venue: Skilled Hands CIC 63-67 St Peters Street,  
NG7 3EN, Nottingham.

Learn how to make hand-made soap every Tuesday, 9.30am  
to 12.30pm

If you're interested in any of these Skilled Hands courses, email  
[involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk).

## Sewing classes

**Thursdays, 9.30am to midday Evolve Hub, Helston Drive,  
Strelley NG8 6JZ**

All levels welcome! Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) to find  
out more.



## Green Meadows DIY workshops – basic plumbing

**Flexible dates and times. Queens Walk Community Centre,  
Queens Walk, The Meadows, Nottingham NG2 2DF**

Our DIY plumbing courses are designed  
to equip you with the basic skills to  
confidently take on plumbing jobs around  
the house.

This workshop is held in small groups  
so that everybody has the space to get  
hands-on with new practical skills, receive  
one-on-one support, and have time  
for questions.



### Subjects covered, include:

- how to change a tap washer.
- how to cut copper and plastic pipe.
- how to use Speed Fit plumbing system.
- how to take out a U bend.
- how to change a ballcock and valve in a cistern.

**Priority for this course will be given to city tenants based in the  
Meadows area.**

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) for more information.

## Meadows DIY Club – basic woodworking

**Mondays, 10am to 2pm and Fridays 4pm to 8pm**  
**Climate Hub, 32 Turney Street, The Meadows,**  
**Nottingham NG2 2LG**

Get together with fellow residents to share DIY tips, tricks and skills – while working on DIY projects or tasks of your choice.

Support, tools and materials supplied by Green Meadows who run the club.

Go to [www.greenmeadows.uk](http://www.greenmeadows.uk) and click on 'Events' or email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) for more information

**Priority for this course will be given to city tenants based in the Meadows area.**



## Introduction to using hand and power tools

**Climate Hub, 32 Turney Street, The Meadows, Nottingham**  
**NG2 2LG**

**Various dates – go to [www.greenmeadows.uk/events](http://www.greenmeadows.uk/events).**

At this hands-on workshop you'll learn all about using hand and power tools effectively. Whether you're a beginner or looking to brush up on your skills, this is perfect for anyone interested in DIY projects or home improvement.

Experienced Tradespersons will guide you through the basics and help you gain confidence in using a variety of tools.

Tools used may include: hand saw / mitre block / spirit level / hammer / jigsaw / electric mitre saw / sander / drill / impact wrench / multi-tool / angle grinder.

**Priority for this course will be given to city tenants based in the Meadows area.**



## DIY workshop: basic plumbing skills

Thursdays 5.45pm to 8.15pm 32 Turney Street,  
Nottingham NG2 2LG

At this hands-on workshop, you'll learn the basics of plumbing. Whether you're a complete novice or looking to brush up on your skills, this one day course will guide you through the basics of plumbing.

Delivered by a friendly and experienced instructor, you'll learn about essential tools, plumbing problems and how you can fix them. You'll also get practical tips and tricks that could save you time, money and stress!

**Priority for this course will be given to city tenants based in the Meadows area.**



## Level 1 and Level 2 British Sign Language training for parents / carers of deaf children

Nottinghamshire Deaf Society (NDS) is offering **FREE** Level 1 and 2 British Sign Language (BSL). BSL courses can be expensive. By offering this course free of charge, NDS is supporting parents, carers and children to be able to sign.

Research has shown that when parents or carers can teach children to sign basic words, it can help improve communication between the parent / carer and child and have a positive impact on a child's confidence and helps to reduce the isolation that a deaf child may feel due to a lack of communication.

If you'd be interested in taking part, or you know somebody who might, please email Nicola Perkins at [nicola.perkins@nottinghamcity.gov.uk](mailto:nicola.perkins@nottinghamcity.gov.uk).

## Read Easy

**FREE** one-to-one coaching with trained volunteer reading coaches for adults who want to learn to read.



Find out more at [www.readeasy.org.uk](http://www.readeasy.org.uk) or call **01388 435 021** to find information about your local group.



# Skills for leaders of volunteers

## Essentials of volunteer management

Thursday 2 October, 10am to 11am – online

Tuesday 13 January, 10am to 11am – online

Start your journey into the rewarding world of volunteer leadership with this online training course that explores the volunteer journey from start to finish.

## Dealing with conflict in your volunteer programme

Tuesday 7 October, 10am to midday

Thursday 29 January, 10am to midday

In any group of volunteers there'll be occasional disagreements, personality clashes and conflicts. Although rare events this updated online training course will prepare you with what to do should they ever happen.



## Introduction to volunteers and the law

Tuesday 11 November, 10am to midday – online

Thursday 12 February, 10am to midday – online

Although the law has little to say about volunteers and volunteering, what it does say is important. This online training will help you develop an understanding of some of the legal requirements that relate to your volunteering programme.

## Addressing the barriers to volunteering

Thursday 23 October, 10am to 11am – online

Tuesday 20 January, 10am to 11am – online

Identify barriers to volunteering and develop ideas to minimise and remove them during this training, to make sure that your organisation isn't missing out on great volunteers.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) for details of any of these online training courses and to book your place.

# Health and wellbeing

## Mindfulness

Over eight weekly sessions attendees will come together in a relaxed, informal and friendly atmosphere to explore mindfulness and its many benefits.

You'll learn the various techniques of mindfulness in a gradual, step-by-step way that guides you into a thorough understanding of mindfulness and how it can help you lead a more enjoyable life. Full course resources (including weekly worksheets and a set of guided meditations) will be provided.




## Taster sessions

In addition to the eight week course, you can now take part in a mindfulness taster session on the first Tuesday of each month from 2.30pm to 4pm. The sessions give you the chance to find out more about mindfulness and how it can help to bring more calm and clarity into your life.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) to find out more.

## Nottingham Recovery College

The Nottingham Recovery College offers a range of courses for people who are living with mental health challenges. 

Their courses provide strategies and techniques that you can take away with you and use in your daily lives to promote self-management and recovery.

All of the Recovery Colleges' courses are friendly, welcoming and available to everyone with an open referral to Nottinghamshire Healthcare NHS Foundation Trust.

The aim is to have our courses co-produced and co-delivered wherever possible by people with lived experience of mental health challenges (peer trainers) and people with experience by profession.

To find out more about courses and enrol, click the link below:  
[Nottingham Recovery College | Nottinghamshire Healthcare NHS Foundation Trust](#).

## Tricky to Talk, Nottingham Forest Community Trust mental health and wellbeing programme

Thursdays, 5.30pm to 7.30pm

The Tricky Hubs are open to individuals from all backgrounds and will run on a weekly basis. These sessions provide a comfortable environment where participants can openly discuss their mental health.



Whether you prefer the convenience of online sessions or the personal interaction of face-to-face meetings, the Tricky Hubs have got you covered.

Book online at [www.nottinghamforestcommunitytrust.co.uk/tricky-to-talk](http://www.nottinghamforestcommunitytrust.co.uk/tricky-to-talk).

## Positive change workshops

Evolve Hub, Helston Drive, NG8 6JZ

A range of workshops delivered by Evolve Nottingham CIC in partnership with Nottingham College to support you in making positive changes in your day-to-day life, including:

- **Assertiveness and confidence**  
Monday 29 September, 9.30am to 1.30pm
- **Creating positive change**  
Monday 13 October, 9.30am to 1.30pm
- **Goals and action planning**  
Monday 12 January, 9.30am to 1.30pm

Call Jo on **07305 056 424** to find out more.

## Positive change Workshops



Together we grow

Mon 29th Sept 9.30 – 1.30:  
Assertiveness & Confidence

Mon 13th Oct 9.30 – 1.30:  
Creating positive change

Mon 12th Jan 9.30 – 1.30:  
Goals & Action planning

Evolve Hub  
Helston Drive  
NG8 6JZ



Made with PosterMyWall.com

Jo: 07305 056424



## Substance misuse – Recovery Ally Workshop

This in-person event ran by Double Impact Services will provide you with valuable tools and strategies to become a strong ally for those seeking to overcome challenges related to addiction.



**Whether you're a friend, family member, or healthcare professional, this three-hour workshop is designed to empower you to make a positive impact and includes:**

- Discussions around the unique and individual journey a person in recovery experiences
- The language surrounding addiction and recovery, and how to use it positively
- Ways in which anybody can challenge stigma and help others to understand it
- Active listening skills to support others without judgement.

To find out more email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk).

## Conversations in the community

This online course, facilitated by Mind, will help you to build confidence in how to have conversations about mental health and wellbeing and to be there for others in your community.



It won't make you a mental health professional – but you don't need to be a professional to be there for the people around you!

### **Benefits of this course include:**

- It's **FREE** for anyone to do
- It's online so you can do it from anywhere
- It takes about 90 minutes in total, but you can leave to take breaks and it will save your progress
- It contains video examples of people talking, and practice scenarios for you to try
- It's self-guided – there's no tests! no one will assess you
- It's been co-produced with people who have experience of mental health problems.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) for details.

## Practical dementia management: strategies and support

Learn how to manage the symptoms of dementia and support vulnerable adults in this free online caregiving course.

The course provides practical expertise to help you manage the symptoms of dementia.

Topics explored include identifying various types of dementia and their symptoms, assessing risk factors, making accurate diagnoses and implementing effective treatment and support approaches.

Learn valuable strategies and support techniques used to enhance caregiving and improve the quality of life for those living with dementia.

To start the course, click the link below:

[Practical Dementia Management | Free Online Course | Alison](#).



## SMART Recovery

Thursdays, 1pm to 3.30pm at The Wellbeing Hub,  
73 Hounds Gate NG1 6BB

SMART Recovery is a community of peer support groups that help people recover from addictive and problematic behaviours, using a self-empowering and evidence-informed program. SMART stands for Self-Management and Recovery Training.

**Aimed at people 18 and above, these sessions focus on:**

- building and maintaining motivation.
- coping with urges and cravings.
- managing thoughts, feelings, and behaviours.
- living a balanced life.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) for more information.



# Safeguarding

A range of online training courses are available, giving you a basic understanding of the roles and responsibilities when it comes to safeguarding, including:

## Introduction to safeguarding adults

- Thursday 9 October, 10.30am to 1pm
- Tuesday 13 January, 10.30am to 1pm

## Introduction to safeguarding children and young people

- Thursday 16 October, 10.30am to 1pm
- Wednesday 21 January, 10.30am to 1pm

## Safeguarding children designated lead person

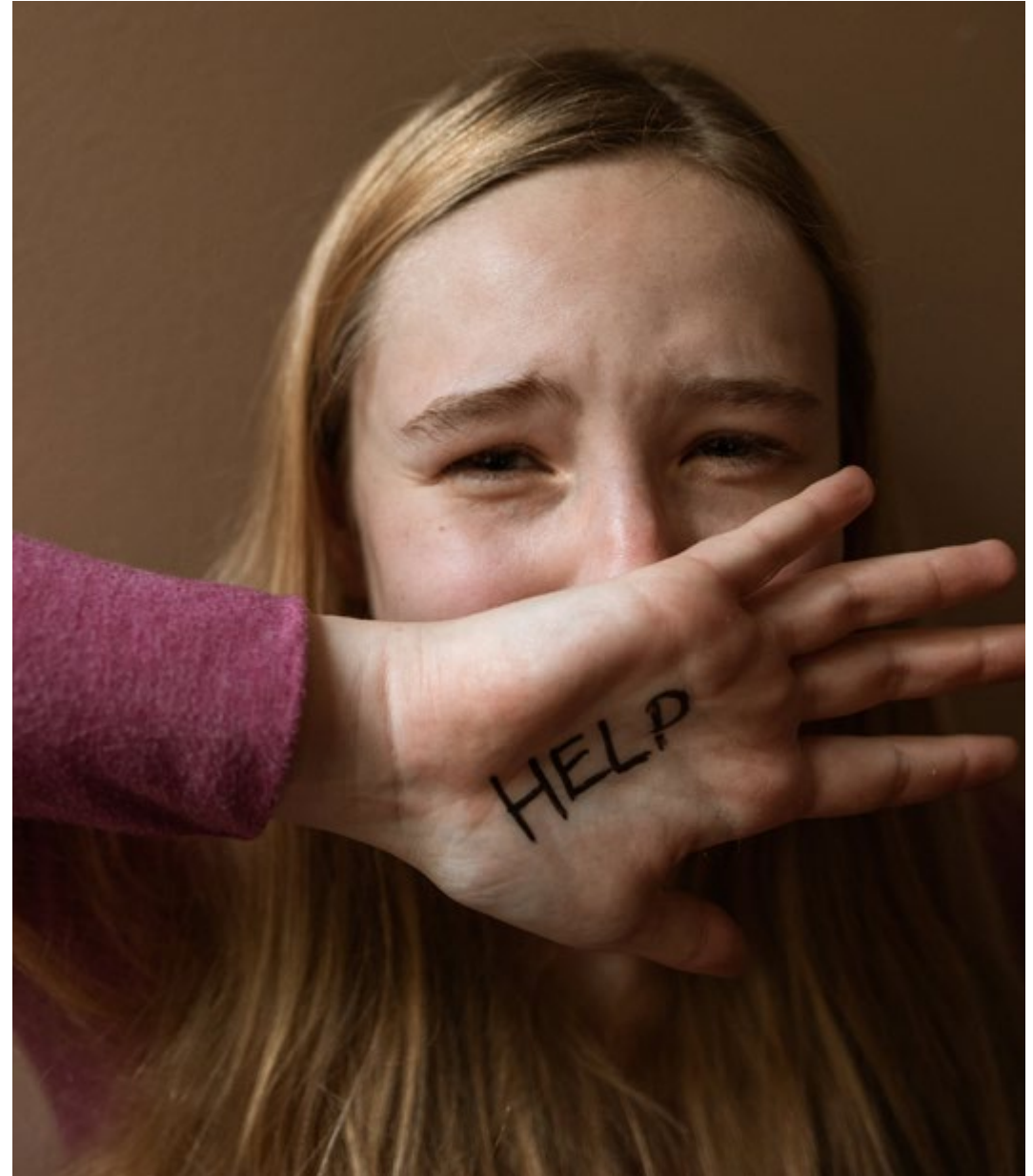
- Tuesday 25 November, 10.30am to 1pm
- Thursday 26 February, 10.30am to 1pm

## Trustees' safeguarding responsibilities

- Thursday 13 November, 6pm to 7.15pm
- Thursday 12 February, 10.30am to 11.45am

All safeguarding training we deliver has been quality assured either by the Nottingham City Safeguarding Children Board (NCSCB) or by the Nottingham City Safeguarding Adult Board (NCSAB). You will receive a certificate of participation once you have completed the training.

If you are interested in any of these courses, please email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk).





# Music production

## Beatknots Music Academy

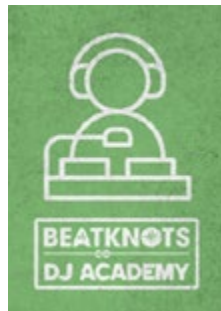
Funded by the Youth Music Foundation, the Beatknots Music Academy works collaboratively across four studio locations across Nottingham and Nottinghamshire. Over three years the Beatknots Project will offer 150 places to young people.

Working with some amazing partners, you'll get the chance to record, produce, perform, and release your own music, while gaining first-hand music industry experience.

We will offer regular live performance opportunities, music leader traineeships, industry masterclasses, and opportunities to launch and release music through the establishment of our very own youth-led Beatknots Record Label.

**Everybody taking part will be given the chance to take part in nationally recognised accredited courses built around five exciting academies:**

- A Record Label Academy
- Vocal Academy
- Music Production Academy
- Instrument Academy
- DJ Academy.



For the first year of the project we're looking to reach out to 50 young people aged 14 to 18 years old (up to 25 with additional needs).

To sign up, email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) using Beatknots in the subject title and please include in your email:

- your name
- age
- address
- contact number of a parent / guardian
- and tell us a bit about your musical journey so far, why you'd like to take part and which of the five academies you're interested in.



## SEND music project

The Gateway Centre, Trent Lane, NG2 4DF



**Tuesdays, midday to 4pm – music mentoring for young people not in education, employment or training.**

**Tuesdays, 5.30pm to 8pm for other young people aged 13 to 25.**

Send Project is looking to work with young people (ages 13-25) to offer bespoke music mentoring while providing a space for wider support.

They can also offer delivery of the Arts Award qualification.

Recording, lyric writing, vocal coaching, music production, performance, instrument tuition, record label creation and an opportunity to release music.

To sign up, email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) using SEND in the subject title and please include in your email:

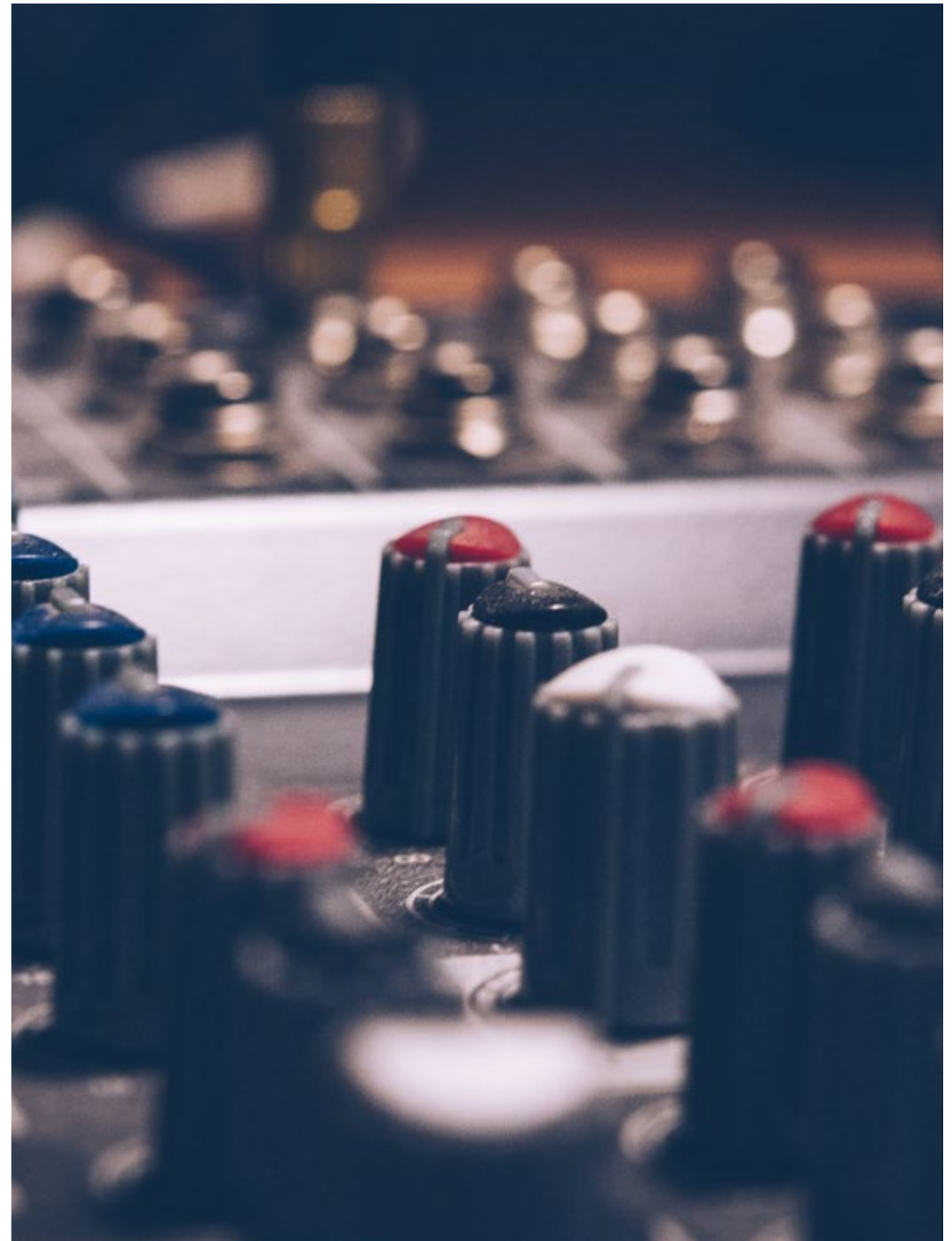
- your name
- age
- address
- contact number of a parent / guardian.

## Man Up, Man Down: Music production and poetry workshops for men

Fishergate Point Studios, Fisher gate, Nottingham

**Tuesdays, 7.30pm to 9.30pm**

**FREE** workshops where all men are welcome to explore their creativity in music and poetry.



# Skills and education

## Digital skills

A range of courses available at locations across the city:

**Southglade Access Centre,  
Southglade Road, Nottingham NG5 5GU**

### Digital skills for beginners

- Tuesday 2 December, 10am to 12.15pm and 1pm to 3.15pm
- Tuesday 24 February, 10am to 12.15pm and 1pm to 3.15pm

### Digital skills for improvers

- Tuesday 2 December, 10am to 12.15pm and 1pm to 3.15pm
- Tuesday 24 February, 10am to 12.15pm and 1pm to 3.15pm

**Snapewood Community Centre,  
Snapewood Road, Nottingham, NG6 7GH**

### Digital skills for improvers

- Thursday 4 December, 10am to 12.15pm
- Thursday 26 February, 10am to 12.15pm

### Digital skills for work improvers

- Thursday 4 December, 1pm to 3.15pm
- Thursday 26 February, 1pm to 3.15pm

To express an interest, please email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk).





# Families and children

## Friday food and friends

Summerwood Community Garden, Clifton NG11 9DU  
Fridays, 11am to 3pm

Learn new skills and make new friends by enjoying some gardening, seasonal harvesting and sharing a freshly cooked meal. Stay for as little or as long as you like!

Email [audreyleach@outlook.com](mailto:audreyleach@outlook.com) for more information.



## Family nature and gardening social at Arkwright Meadows Community Gardens

Saturdays, 10.30am to 1pm

Family sessions where carers, parents and children can get together and explore nature, gardening and the many things the community gardens has to offer.

Session take place outside – so dress for the weather!

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) to find out more.

## Gardening, growing food and wildlife conservation at St Ann's Allotments

Every Tuesday, 10am to midday, Wednesdays 10am to 2pm and every second and fourth Saturday of the month, 10am to 2pm

Regular sessions for all abilities, including pruning, wildlife identification, harvesting food, watering, and woodwork.

All tools are provided.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) to find out more.



# It's never too late to learn, start your journey today!



For our full list of courses download our **Next Steps** guide from [NottinghamCity.gov.uk/AdultLearning](https://NottinghamCity.gov.uk/AdultLearning)

## Community & Family Learning

We help hundreds of adult learners each year to gain new skills in parenting, managing their wellbeing, personal growth, and preparation for employment. Our highly experienced tutors deliver fun, creative and engaging courses, in the heart of local communities. Here are just a few examples:

### Money, Values & Me

Support your child's learning as we teach them the value of money. Then join them on the ice with a *FREE* 1-hour ice-skating lesson each time you attend.

### Watercolours for Wellbeing

An introduction to painting with watercolours. Learn the basics and the benefits of how arts can improve your health and wellbeing.

### All Aboard

Fun for all the family as we take you on a fun and interactive learning journey all about trains. Includes a *FREE* train ride for the family.

### Equipped2Succeed

Learn how to manage stress, build self-confidence and present the best version of you whilst improving your personal wellbeing and chances of employment.

### Introduction to ESOL

If English isn't your first language then our ESOL courses are a great way to develop your communication skills and gain confidence. Once completed we will support you to progress onto a higher level or further learning.

Interested? Enrol today, email [learn@nottinghamcity.gov.uk](mailto:learn@nottinghamcity.gov.uk)



**Nottingham**  
**City Council**

# Employability

## Employability skills

Various venues, citywide

Join our employability team for CV support, interview skills, application support and coaching. 1-2-1 and group session available at a venue that suits you.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) for details.

## Work clubs

Need help looking for work?

Drop in to speak to an employment advisor from the Nottingham City Council Housing Services Employability Team at the following libraries:

**Bilborough Library** – Tuesdays, 1pm to 3pm

**Clifton Library** – Tuesdays, 10am to midday

**Dales Centre** – Wednesdays, 10am to midday

**Hyson Green Library** – Thursdays, 10am to midday

**The Meadows Library** – Wednesdays, 1pm to 3pm

**St Ann's Valley Library** – Wednesdays, 10am to midday

Get advice on your next steps, help with writing your CV, making an application and lots more!



## Work Club – using IT for Employment

Classroom based sessions to help you with IT skills that will help you if you're looking for employment, as follows:

- Thursdays, 9.30am to midday starting 19 September at Evolve, Helston Drive, Strelley, NG8 6JZ
- Thursdays, 1pm to 3pm at Snapewood Community Centre, Snapewood Road, Bulwell NG6 7GH.

Email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) for more details.

## Nottingham Skills Academy: Introduction to information technology

Classroom based 10 day training course with flexible start dates.

Eligibility: Aged 19 and over, unemployed, have been a British / EU citizen in the last three years.

### Program includes:

- Production of business documents
- Health and Safety
- Principles of business communication
- Time management
- Using digital devices when handling information
- CV development
- FREE digital device upon completion

For details, email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk).



## Employment and Training drop-in sessions

### Need support to:

- create or update your CV
- job searching help
- completing applications
- identify and address your barriers to help you achieve your career goals?

Come along to one of these special drop-in sessions supported and funded by the National Lottery Community Fund and Places for People in partnership with The Bestwood Partnership:

- **Southglade Park Library**  
Wednesdays, 10.30am to midday
- **Bulwell Riverside Library**  
Tuesdays, 1pm to 3pm and  
Wednesdays, 1pm to 3pm
- **St Aidan's Church (Basford)**  
Tuesdays, 10am to midday
- **Basford Baptist Church**  
Wednesdays, 11am to 1pm  
(term time only)
- **Crabtree Farm Community Centre**  
Tuesdays, 10am to midday  
(term time only)

Supported and funded by:



**Need support to:**

- Create or update your CV?
- Job search?
- Complete applications?
- Identify & address your barriers and career goals?

**Employment & Training Drop-In Sessions:**

• Southglade Park Library	• Wednesdays, 10.30am to 12pm
• Bulwell Riverside Library	• Tuesdays, 1pm to 3pm • Wednesdays, 1pm to 3pm
• St Aidan's Church (Basford)	• Tuesday, 10am to 12pm
• Basford Baptist Church	• Wednesdays, 11am to 1pm (Term time only)
• Crabtree Farm Community Centre	• Tuesdays, 10am to 12pm (Term time only)

Contact us: [www.bestwood.org.uk](http://www.bestwood.org.uk)  
Email: [admin@bestwood.org.uk](mailto:admin@bestwood.org.uk)  
0115 975 5758



For more information email [admin@bestwood.org.uk](mailto:admin@bestwood.org.uk), call **0115 975 5758** or go to [www.bestwood.org.uk](http://www.bestwood.org.uk).

# Evolve

## Nottingham CIC

Find us on:  
**facebook**

**Evolve Hub**  
**Helston Drive**  
**NG8 6JZ**

## Supporting you to Succeed

### Friendly One to One Support

*Get advice that's personal and practical*

### Skills for Success

*Free courses to boost confidence and skills*

### CV & Applications


*We'll work with you to create a CV that stands out*

### Job Searching Together

*Find the right opportunities with our guidance*

**Based at convenient locations city wide**

**[employment-evolve@outlook.com](mailto:employment-evolve@outlook.com)**  
**[www.evolve-nottingham.com](http://www.evolve-nottingham.com)**

 **Funded by  
UK Government**

**07305 056 424**

## Introduction to business and information technology

This ten day fully-funded course will help you learn new skills and increase your employability. On successful completion of the course you'll also be given a **FREE** digital device to use with your new found skills! Take a look at the poster for all the details.



**INTRODUCTION TO BUSINESS AND INFORMATION TECHNOLOGY**

**10 Day Fully-Funded Training Course**

Learn new skills and increase your employability with our **FREE** Introduction to Business and Information Technology course!

**Free Digital Device upon completion!**

**Programme of training includes:**

- Principles of personal performance and development
- Principles of working in a business environment
- Health and safety in a business environment
- Principles of business communication & administration
- Manage time and workload
- Produce business documents
- Store and retrieve information
- Safety/responsibility online & on digital devices
- Using digital devices and handling information

**We will also help you to develop your CV!**

**Free Digital Device upon completion!**

**Eligibility:**  
Age 19+  
Unemployed  
British/EU citizen  
or UK resident  
for 3 years  
or more

To support you, we provide you with food and refreshments throughout the course, and a free digital device, which is yours to keep upon completion!

Contact [nsa@skillspeoplegroup.com](mailto:nsa@skillspeoplegroup.com)  
or call 07971 570919 to find out more!

Nottingham Skills Academy, Unit 2 Clarence Court, Nottingham, NG3 2FB | [skillsacademies.com](http://skillsacademies.com)

**RNN GROUP**  
Education & Skills Funding Agency  
DERBY college

## Nottingham Skills Academy: Introduction to warehouse and storage

**Classroom based 10 day training course with flexible start dates.**

Eligibility: Aged 19 and over, unemployed, have been a British / EU citizen in the last three years.

### Program includes:

- Understanding legislation
- Health and Safety
- Risk Assessment
- Logistics
- Understanding customer needs
- Receiving and storing goods
- Communication skills
- £40 per week expenses
- Refreshments and PPE provided throughout the course.



## Nottingham Skills Academy: Introduction to construction

**Classroom based two week training course with flexible start dates.**

Eligibility: Aged 19 and over, unemployed, have been a British / EU citizen in the last three years.

### Program includes:

- Gain your green CSCS card upon completion
- Construction Health and Safety
- Maintenance of hand tools
- Practical block paving
- Mortar and concrete mixing
- Construction sector practical insight.

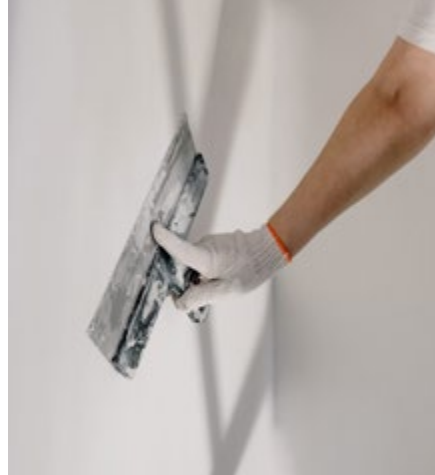
## Nottingham Skills Academy: Plastering boot-camp

Classroom based four week training course with flexible start dates.

Eligibility: Aged 19 and over, unemployed, have been a British / EU citizen in the last three years.

### Program includes:

- Plastering
- Dry lining
- Health and Safety
- Problem solving skills
- Communication skills
- Workplace awareness
- Practical skills development
- Carbon awareness
- £40 per week expenses
- Refreshments and PPE provided throughout the course.



## Nottingham Skills Academy: Brick laying boot-camp – level two

Classroom based four week training course with flexible start dates.

Eligibility: Aged 19 and over, unemployed, have been a British / EU citizen in the last three years.

### Program includes:

- Sustainability in construction
- Health and Safety
- Construction technologies
- Block laying
- Block wall building
- Problem solving skills
- Communication skills
- Workplace awareness
- Drawing techniques
- Job interviews with local companies where possible
- £40 per week expenses
- Refreshments and PPE provided throughout the course.



For details on any of these Nottingham Skills Academy courses, email [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk).



# Volunteering

Volunteering is a great way to meet new people, learn new skills, gain confidence, experience and give something back.

There are lots of different volunteering opportunities available in the city.



Here's just a few that you might be interested in:

## Getting involved with us!

We'd love to talk to you about how best you can get involved with us and make a difference in a way that suits you. Email us at [involved@nottinghamcity.gov.uk](mailto:involved@nottinghamcity.gov.uk) and we'll be in touch!

## Nottingham Community and Volunteering Services

[www.nottinghamcvs.co.uk/volunteering](http://www.nottinghamcvs.co.uk/volunteering)

Search hundreds of volunteering opportunities available now.

## Stonebridge City Farm

Go to [www.stonebridgcityfarm.com](http://www.stonebridgcityfarm.com) and click on 'More' and 'Volunteering and Vacancies' to find the latest opportunities.

## Nottingham City Libraries

[www.nottinghamcitylibraries.co.uk](http://www.nottinghamcitylibraries.co.uk)

Support educational growth by volunteering – call **0115 883 8332** or email [library.volunteer@nottinghamcity.gov.uk](mailto:library.volunteer@nottinghamcity.gov.uk).

## Nottingham AgeUK

[www.ageuk.org.uk](http://www.ageuk.org.uk)

Call **0115 844 0011** or email [volunteering@ageuknotts.org.uk](mailto:volunteering@ageuknotts.org.uk) to find out about opportunities.

## Nottingham City Care NHS volunteering opportunities

[www.nottinghamcitycare.nhs.uk](http://www.nottinghamcitycare.nhs.uk)

Email [volunteeringcarenhs@nhs.net](mailto:volunteeringcarenhs@nhs.net) or call **07881 037 877** to find out ways you can volunteer and make a difference.

## Nottingham and Nottinghamshire Refugee Forum

[www.nottsrefugeeforum.org.uk](http://www.nottsrefugeeforum.org.uk)

Find out about volunteering opportunities by emailing [volunteering@nottsrefugeeforum.org.uk](mailto:volunteering@nottsrefugeeforum.org.uk) or call **0115 960 1230**.

## Refugee Roots

Find out about volunteering opportunities and apply at [www.refugeeroots.org.uk/volunteer](http://www.refugeeroots.org.uk/volunteer).

# Meet the Tenant Academy

**Come and say hello, have a brew and have your say about the Tenant Academy.**

Find out what we can do for you, how you can get involved what you would like to see in the future for your Tenant Academy.

**Join us for our informal yet informative sessions where you can learn more about courses, meet the team and get answers to questions you may have.**

## **We're at:**

- **Strelley Road library, Strelley**  
The first Wednesday of every month.
- **The Chase Neighbourhood Centre, St Ann's**  
The second Wednesday of every month.
- **Bulwell Riverside, Bulwell**  
The third Wednesday of every month.
- **Dales Centre, The Meadows**  
The fourth Wednesday of every month.
- **Mary Potter Centre, Hyson Green**  
Upon request.



**Nottingham**  
**City Council**

**Housing  
Services**

**[www.ncchousing.org.uk](http://www.ncchousing.org.uk)**



**NottmCCHousing**